

# EMPLOYMENT



# OPTIONS

The Ultimate Resource for Job Seekers  
with Disabilities and other Challenges

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# Attention Job Hunters!

## This book will help you:

- Establish realistic job goals
- Get interviews over the phone
- Talk about your abilities
- Increase your self-esteem
- Become confident in your job search
- Develop a career change resume
- Explain gaps in your employment
- Handle applications and interviews using protected rights under the Americans with Disabilities Act
- Become an effective job hunter
- Get the job you really deserve

# ***CAREER TRANSITIONS***

*Most people have very limited knowledge of their employment options other than the jobs that they themselves or their family members have held.*

*The fact is that there are very many different kinds of work out there. By focusing on your skills and abilities, and not just on your job title, you will begin to identify other job goals that build upon your experience, interests, and strengths.*

*Identifying the right job goal is the key to finding appropriate and satisfying employment.*